



# ASPIN Chronic Care Education & Paraprofessional Training (ASPIN ACCEPT)

## Behavioral Health Education and Training Program

### Paraprofessional Training

#### How the Program Works:

Applicants will participate in both an online Certified Community Health Worker (CCHW) training and certification program as well as an online ASPIN Chronic Care Professional (CCP) training and certification program. Upon successful completion, participants will complete 10 hours of shadowing in both a primary care and a behavioral health and clinical care setting, for a total of 20 hours. This program will take between six months to a year to complete.

#### Qualifications:

Applicants must be :

- 18 years or older
- A current resident of Indiana
- A High School or GED Graduate



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### Benefits to Participants

- Job growth for CCHWs nationwide is expected to be higher than average from 2014 to 2024. *(U.S. Bureau of Labor Statistics )*
- CCHW positions are expected to grow 15% faster than the average occupation. *(Indiana Department of Workforce Development)*
- CCHW jobs are entry level positions that can provide you with a stepping stone into the healthcare field.
- These certifications allow you to gain real life experience while you are attending school.
- Some colleges accept these certifications as college credit.
- CCHW help change peoples lives for the better every day!

### About ASPIN

ASPIN, a 501(C) 3 not for profit network, operates four major service lines: behavioral health services, professional training and workforce development, grants management, and health improvement. The mission of ASPIN is to provide innovative educational programs, resource management, program development, and network management in collaboration with all healthcare entities to address health disparities and whole health management.



## Certification Components

### I. Community Health Worker (CHW)

Session One	Session Two	Session Three
1. Introduction to the Online Community Health Worker Course	7. Communication Skills for CHWs	13. An Overview of Motivational Interviewing
2. Core Community Health Worker Skills	8. Practices That Promote Health and Wellness	14. Coaching Consumers for Positive Health Outcomes
3. Ethics and the CHW	9. Physical Health/Chronic Disease Overview	15. Tobacco   Treatment Methods
4. Diversity and Cultural Competency in the Workplace	10. Behavioral Health Overview	16. CHWs and Group Facilitation Skills
5. Conflict Management for CHWs	11. Substance Use Disorders	17. Advocacy, Collaboration and Teamwork
6. Technology and the CHW	12. Integrated Care Model	18. COVID-19 and the Role of CHWs  19. Securing Employment as a CHW

### II. ASPIN Chronic Care Professional (ACCP)

An Overview of Chronic Health Conditions in Indiana	Weight Management: Obesity, Nutrition, and Activity	Tobacco Use & Evidence-Based Cessation Methods	The Effects of SUD & OUD on Chronic Conditions
Diabetes in Indiana & Its Effects on Population Health	The Prevalence of Cardiovascular Disease: Causes, Effects, and Prevention	Child Health in Indiana Current Issues & Best Practices	COVID 19 and Chronic Conditions

### ASPIN Chronic Care Paraprofessional (ACCP)

ASPIN Chronic Care Paraprofessional certification is the first step in the health coaching career ladder that focuses on the most prevalent health issues that affect Hoosiers. Once trained, ACCPs will provide assistance to primary health teams and individuals with healthcare, education, and disease management needs.



### III. Field Placement-3 Options

**Option One:** The student completes a 10-hour in-person field placement in both a primary care and a behavioral health clinical care setting. OR

**Option Two:** The student completes the 8 module on-line virtual field placement with videos of counseling activities, virtual facility tours, telehealth practice exercises, and a review of administration procedures. OR

**Option Three:** The student's supervisor can attest that the student has work experience in behavioral health and primary care and completes the program checklist form for field placement credit.

## Application Information

For specific information regarding the training or application process, please visit:

**[www.aspin.org](http://www.aspin.org)**

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